

St. Mary's Mail



Friday 6th February 2025

Bi-weekly Newsletter

Dates for your diary

This is our final newsletter of the term and what a term we have had! Our brilliant sporting teams have represented the school with skill and honour at various events; the choir raised the roof at the Birmingham Arena at Young Voices (Photo below); the Year 6 children enjoyed their Lifeskills trip where they learnt important safety skills and the Year 5's enjoyed Brimsham Green's production of Annie.

We felt proud to receive a certificate of appreciation from Royal British Legion for our Poppy Appeal last term and today not only have we had a fantastic day competing with our arithmetic knowledge but we have raised **£152** for NSPCC!

If your child didn't contribute their £1 today and wore their rock outfit, please send it in on Monday.

We look forward to our last week of the term and a restful week to follow.

Mrs Bethan Scriven



Our **Parents Evening** booking system will go live tonight (Friday 7th Feb at 6pm until Sunday 23rd February) Please click [here](#) to book

Well done to the following students who have received a certificate in the last few weeks.

Lily N, Poppy B, Eddie R, Stanley, Freya E, Jesse, Reegun, Gabi, John, Matilda, Stella, Rupert, Hridha, Alfie G, Emily W, Ini, Rose, Charlie D, Flynn, Isaac, Freddie C, Evanna, Elizabeth G, All of Year 6 for the Life Skills trip, Kasey, Finley, Codey, Pippa, Ellaria, Henry, Grace C, Noah R, Ruby K, Elena, Indie, Olivia H, Summer B, Koda, Olivia D, Wes, Lucy, Solly, Harry T, Mason, Sienna and Maggie



World Book Day costume recycle



If you have any book character costumes you no longer use, we are asking parents to donate them swap shop donating them to the swap shop for other families to use for our upcoming world day



C & D Therapy are offering free Speech & Language drop-in sessions in Poole court Yate on Thursday 13th February 2025 9:30-11:30am
cdspeechtherapy/videos/coffee-morning



We would like to say a big thank you to anyone who bought a Poppy or donated to the Poppy Appeal in November. We raised a whopping **£207.31**



Tools and Strategies for Regulation

There are multiple tools and strategies that our children can use to self-regulate – and they will be individual to each child. However, it may be useful to think about the types of activities that will help our children to regulate in each zone.

Blue Zone Tools:

- ✓ Think about what you might do as an adult to make you feel better when you are sad, tired or bored.
- ✓ This might include talking to a trusted person, breathing, taking a break and relaxing, doing a hobby or importantly, doing some physical exercise.
- ✓ These exercises should wake up our bodies, recharge and activate our senses and regain our focus. Examples may include: taking a walk, doing some active movement (think jumping, bouncing or swinging).

<https://youtu.be/zYQ0t1Hiri8>

Term Dates

Term 3

Start: Mon 6th Jan
End: Fri 14th Feb

Term 4

Start: Mon 24th Feb
End: Fri 4th April
Inset: Fri 21st March

Term 5

Start: Tues 22nd April
End: Fri 23rd May

Term 6

Start: Mon 2nd June
End: Tues 22nd July
Inset: Mon 21st July
Tues 22nd July

Netball

Congratulation to our Netball team who after winning their recent tournament are through to the final.

Well done girls, we are very proud of you!

