

St. Mary's Mail



Friday 28th March 2025

Bi-weekly Newsletter

Dates for your diary

Congratulations to our netball team for an outstanding season! Their dedication and teamwork have truly shone and they have excelled in every match. As we wrap up our global theme on Rights and Responsibilities, pupils are reflecting on their learning and exploring ways to have their voices heard. Recently, Year 5/6 had the exciting opportunity to pose questions to our MP, Claire Young and today, I had the pleasure of being interviewed by the pupils as they delve into what makes a good leader. I am looking forward to the Year 3/4 production next week and can't wait to see families at this event!

Mrs Bethan Scriven

Well done to the following students who have received a certificate in the last few weeks.

Everleigh, Rosa J, Isabella-Rose, Esme, Remi H, Finley K, Remi B, Theo, Grace B, Frank, George G, Rupert, Matilda, Jaxon, Rosie, Max Re, Wia, Tayton R, Esmee K, Edith, Daniel R, Evanna, Lois, Max Ri and Emelia.

VE Day celebrations

We welcome families to join us at 2:15 p.m. on Thursday 8th May to mark VE Day.

We would welcome donations of red, white and blue cakes for a cake sale which will take place at the end of the day. Thank you

Sporting News

A massive well done to the Netball team for their brilliant recent achievement.

Match report written by Team Captain Lucie A

The tournament went very well. We played 6 matches in total and by the 5th game, we knew we were going to go through to the final. Each match was 7 minutes long and by the end, it was equal, so it went to sudden death which meant next goal wins. We then scored! The team we were against played very well. In the first games we played against them and lost but we persevered and ended up winning. This means that now both teams will be representing Bristol in the counties. I believe we all worked very hard.



Term Dates

Term 5

Start: Tues 22nd April
End: Fri 23rd May

Term 6

Start: Mon 2nd June
End: Tues 22nd July
Inset: Mon 21st July
Tues 22nd July



Huge congratulations

to Mrs Timms and her husband who are expecting their first child in the new academic year.



Thank you!

We would like to say a special thank you to Electric Fence online for supplying our reception classes 5 beautiful mini wheelbarrows.



www.electricfence-online.co.uk/

April

Tuesday 1 st	Yr3/4 Easter Performance (p.m.)
Wednesday 2 nd	Yr3/4 Easter Performance (a.m.)

May

Thursday 8 th	VE Day Celebrations 2:15 p.m.
Friday 9 th	KS1 SS Great Britain Trip
Monday 12 th – Friday 16 th	SATS
Tuesday 13 th	Reception Wild Place Project Trip
Wednesday 14 th – Friday 16 th	Yr4 Greatwood Residential
Tuesday 20 th	Class & Yr 6 Leavers Photos

June

Monday 16 th	Sports Day <ul style="list-style-type: none">• KS2 - a.m.• KS1 - 1 p.m. – 2:15 p.m.• Reception - 2:15 p.m. – 3 p.m.
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July

Monday 23 rd	Reserve Sports day if postponed
Tuesday 15 th	Yr6 Leavers Trip – Mojo Active

Tools and Strategies for Regulation



Red Zone Tools:

✓ Once in the Red Zone, your child will more than likely need to be encouraged to go to an environment that is calming and safe.

✓ Calming strategies that 'power down' the emotions your child is feeling can be used here. These might include:

- Deep pressure/heavy work activities
- Taking a walk in a quiet place
- Going to a quiet and dark area (i.e. pillow fort/dark tent)
- Deep breathing
- Sensory activities – using sensory aids and tools such as play dough, stress balls, vibrating snakes etc.

✓ Try to minimise your language when your child is in the red zone – be clear, concise and calm in your tone.

