

St. Mary's Mail



Date: October 13th 2023

Bi- Weekly News from St.Mary's

Dates for the Diary

Cake Sale

We will be holding a cake sale in the hub after school on Monday 16th October. All funds raised will assist the school in paying for enrichment activities such as musical instrument year group sessions.

We would be really grateful for any donations of cakes, homemade or shop purchased. Please can all cake donations be handed into the school office on Monday morning.



Harvest Festival

We will be celebrating Harvest Festival on Thursday 19th October. In living out the value of compassion, we will once again be collecting donations for the North Bristol & South Gloucestershire Foodbank. This year they have requested the following items:

- ◆ Tinned Fruit
- ◆ Instant coffee
- ◆ Dried pulses & beans
- ◆ Tinned rice pudding
- ◆ Instant noodles
- ◆ Tinned potatoes
- ◆ Washing powder
- ◆ Shampoo & conditioner



Items can be dropped into school on the morning of the 19th October.

If you ever require support from the Food Bank you can have a discreet conversation with someone in the office and they will be able to help you.



Thrive in Action

Positive relationships are at the heart of Thrive and all staff use Vital Relational Functions 'VRF's' to support our children's emotional wellbeing.

We Attune: This is where we show we are alert to how the child is feeling. We connect with the child and match how the child is feeling through our pitch, pace, volume and body language.

We Validate: This is when we are alert to and acknowledge the child's feelings. "I can see you're upset and angry because...", "That must be so hard when..." "I'm wondering if..."

We Contain: This is where we demonstrate that we understand the pitch, intensity and quality of their feeling or mood and that we can bear it. This is where we show that we can take their deep distress, raging anger or painful sorrow and make it a survivable experience. Catch it, match it and digest it by thinking about it and offering it back, named, in small digestible pieces.

We Soothe, calm, and stimulate: This is where we must be alert to how a child is feeling and demonstrate emotional regulation by soothing and calming their distress. Catch it, match it and help the child to regulate the feeling up or down. They need to experience being calmed before they can do it for themselves.



Book Fair Next Week

The school book fair will be open after school on Wednesday—Friday. This will be a perfect opportunity to get a new book for half term. By buying books at the fair you are putting books into our school!



School Photos

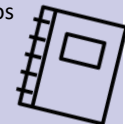
Children's individual school photo's will take place on Monday 16th October.

If you would like photo's with pre-school siblings these will be taken before school from 8:30am, please enter school via the school office.

Siblings in school will have their photos taken together during the school day and therefore do not need to arrive early for photos. If your child has PE on this day can they please come into school wearing school uniform and bring their trainers in their school bag.



13th Oct	Nasal Flu Immunisations
16th Oct	School Photos
16th Oct 3.15pm	Cake sale
*18th - 20th Oct	Book Fair
16th Oct 7.30pm	Reception 2024 Virtual information meeting
17th Oct 4:00pm	Reception 2024 School Tours
19th Oct	Harvest Festival
23rd-27th Oct	Half term
7th & 8th Nov	Parents Evening
7th Nov	Reception class trip
16th Nov	Y3/4 class trip
21st Nov 7.30pm	Reception 2024 Virtual information meeting
27th Nov	INSET
29th Nov 9.30am	Reception 2024 School Tours
29th Nov 3pm	Curriculum Showcase
6th Dec	SEN Coffee Morning
6th & 7th Dec	KS1 Nativity
18th Dec-1st Jan	Christmas Holiday
* change of date from previously advertised	



Excel Daily

Well done to the following children who have recently received certificates :

Jack G, Rupert H, Freya E, Henry B, Max R, Hope P, Sebastian W-L, Harrison C, Esme E, Kaiden M-E, Freddie C, Oliver M, Louis F, Casey B, Jack M, Ria P, Maisie L, Mason W, Robyn G, Elizabeth G, Ethan S, Olivia Z-C, Naomi E, Piper J, Joey E, Zac S, Tate B, Isla P, Daisy K, Hugo B, Isla-Rose, Bella G, Hadley C, Freddie w, Jack D, Tymofii K, Faith P, Rose K, Joshua K, Chloe R, Marley S, Teddy H, Edward R, Charlie Siv, Charlie Sim.

