

St. Mary's Mail



Date: March 10th 2023

Bi- Weekly News from St.Mary's

Dates for the Diary

Fri 17th Mar	INSET Day
Fri 24th Mar 6.30pm	Family Fun Night
Tues 28th & Wed 29th Mar (afternoon)	Yr 3/4 Easter Performance
Wed 29th Mar 9.10am	Yr 5 Trumpet performance to parents
Wed 29th Mar 3PM	Curriculum Showcase
Mon 1st May	School closed (Bank Holiday)
Wed 3rd May	Y6 Leavers photos/Class photos
Mon 8th May	School closed (King's Coronation)
9-12th May	Y6 SATS
Wed 10th—Fri 12th May	Y4 Greatwood Residential
Mon 12th June	Reception Screening
Wed 21st June	KS2 Sports Day AM/KS1 Sports Day PM
Fri 23rd June	Whole school photo
Wed 28th June	Reserve sports day
Thurs 13th July	Y6 Lifeskills Trip
Tues 18th July	Y6 Mojo Active

It was such a joy to listen to the conversations between families as you left the school on Wednesday after your parents evening. Lots of praise and encouragement and clearly lots of very proud parents. These meeting are not only a great opportunity to hear about your child's progress in school, but also a chance to better understand how they can continue to develop their learning at home. If you need any further guidance please do not hesitate to contact your child's teacher via the office.



Curriculum Showcase

Wednesday 29th March

We welcome families to join us in celebrating children's learning at our **Rights and Responsibilities Showcase**. On 29th March after school the children's curriculum books will be on display in their classrooms and there will be exhibits in the hall and hub for you all to enjoy. If you are unable to join us on the 29th, many displays will remain up for the remainder of week so pop in at pick up time.

Strike Days

As it stands, it looks as though the teacher strikes will be going ahead next Wednesday **and** Thursday.

At this stage I can confirm that the following classes will be **OPEN**:

Lemon

Lime

Cherry

Beech

Ash

Sycamore

We will provide a further update on Monday.

HOW TO NOURISH A CHILD'S MENTAL HEALTH

- 1 Actively listen before offering your advice
- 2 Practice relaxation exercises together
- 3 Share your feelings and validate theirs
- 4 Be consistent and follow through with your promise
- 5 View their behaviour as a window to their needs
- 6 Make play and exercise a requirement
- 7 Limit electronic time for everyone and set boundaries
- 8 Respond calmly when their emotions are elevated
- 9 Reach out to them and hug them frequently
- 10 Teach them how to be safe but also to be present within
- 11 Set and respect boundaries and model forgiveness

As a teacher and a parent I find myself frequently thinking about the mental health of those around me and what I can do to help. This list of ways to nourish our children's mental health has reminded me of all the things I do already, but it has also reminded me of things that I could focus more on. I hope you find it helpful too!

From,
Mrs Jones

Football Team

The year 6 football team played St Michael's on Tuesday. They performed brilliantly and put up a great fight, showing great team spirit eventually losing 3-1.

Excel Daily

Well done to the following children who have recently received certificates :

Amber S, Ellaria, Tate, Stella, Isla P, Wes, Sam M, William C, Neveah, Joey, Mason B, Tayton A, Elizabeth B, Faith L, Maggie, Phoebe, Louis F, Willow, Cassie A, Keira J, Edward G, Riley T, William R-F, Mya, Shanaya, Gabriella W and Darcey W.



THE FRIEND'S OF ST MARY'S
FRIDAY 24TH MARCH
6:00 - 9:00PM

Family
**FUN
NIGHT**

GAMES/BINGO/DISCO
BAR & TUCK SHOP
£5.00 per family

TICKETS TO BE PRE-PURCHASED FROM THE
SCHOOL OFFICE

